

## INSTRUCTIONS FOR PATIENTS RECEIVING SEMI-PERMANENT NEEDLES IN THE EAR (SAAT TREATMENT)

Small semi-permanent needles have been inserted in the skin of your ear for treatment purposes. This is part of a treatment through the specialized ear micro system of acupuncture and is not the same as other ear acupuncture done as part of a whole body treatment you may have received in prior appointments.

You are advised to do the following for best results:

- Avoid exposing the treated ear to water as much as possible – this includes showering, swimming, and sauna use. Use provided ear covers when showering.
- Needles could be left in the ear for **THREE WEEKS or FOUR WEEKS.**
- Normally, no pain is felt at the site of the needle unless the area is touched, you sleep on that side, or apply equipment in your ear such as headphones.
- As soon as you experience any continuous irritation, spontaneous pain, or unusual feeling at the site of the needle(s), or if the area appears red, remove the involved needle immediately as instructed. This may signal the beginning of an infection or inflammation. Call me to schedule replacement of the needle. You do not want to risk infection!
- Needles for allergy treatment will only be replaced once, free of charge, if they fall out accidentally or spontaneously.
- If possible, try to minimize eating the food items being treated.
- If possible, try to avoid unnecessary exposure to the substance being treated (mold, dust, etc.).
- Remove all jewelry before treatment.
- Needles must be removed if you need an MRI.

**• Do not clean your ear the day of your appointment. Needles and adhesive residue should be removed no less than 24 hours before your appointment.** \_\_\_\_\_ initial here.

If we discussed you bringing in the substance you are allergic to (for example, if I do not have a filter for your allergen, but you are bringing in your pet hair/dander), please bring the substance in a clean, clear glass container with a removable lid so we can test you for this substance.

I hereby acknowledge receiving and understanding the above instructions. I understand that no guarantees have been stated or implied by the above practitioner with respect to the outcome of the above listed procedure.

Date: / /2025 \_\_\_\_\_

Old Growth Acupuncture LLC does not recommend contact with or eating of substance(s) causing allergic reactions. Old Growth Acupuncture LLC does not make claims that SAAT treatments cure Alpha-gal or allergies. Nor does it urge or supervise reintroduction of foods that cause allergic reaction. The SAAT treatment is an immune enhancement treatment. There is currently no recognized cure for Alpha-gal according to conventional western medicine and physicians.

I \_\_\_\_\_ have read and agree to these statements.

Signature \_\_\_\_\_

Date \_\_\_\_\_